## WHAT IS CLAIMED IS:

1. A plasma processing method comprising the steps of:

placing a substrate inside a reaction chamber of a plasma processing system, a silicon dioxide film having been formed on the surface of the substrate;

introducing a fluorocarbon gas, which contains carbon and fluorine and in which a ratio of carbon to fluorine is 0.5 or more, into the reaction chamber; and

creating a plasma from the fluorocarbon gas and etching the silicon dioxide film with the plasma,

wherein a residence time  $\tau$  of the fluorocarbon gas in the reaction chamber is controlled at a value greater than 0.1 sec and equal to or less than 1 sec, the residence time  $\tau$  being given by P×V/Q, where P is a pressure (unit: Pa) of the fluorocarbon gas, V is a volume (unit: L) of the reaction chamber and Q is a flow rate (unit: Pa·L/sec) of the fluorocarbon gas.

2. The plasma processing method of Claim 1, wherein the fluorocarbon gas is a gas containing at least one of  $C_4F_8$ ,  $C_4F_6$ ,  $C_3F_8$ ,  $C_5F_8$  and  $C_6F_6$  gases.

3. The plasma processing method of Claim 1, wherein the residence time 7 is controlled by a mass flow controller provided for the plasma processing system and/or a valve and

a pump provided for the plasma processing system.

4. A plasma processing method comprising the steps of:
placing a substrate inside a reaction chamber of a plasma processing system, a silicon dioxide film having been
formed on the surface of the substrate;

introducing a fluorodarbon gas, which contains carbon and fluorine and in which a ratio of carbon to fluorine is 0.5 or more, into the reaction chamber; and

creating a plasma from the fluorocarbon gas and etching the silicon dioxide/film with the plasma,

wherein  $P \times W/Q$  is controlled at a value greater than  $0.8 \times 10^4$  sec·W/m and equal to or less than  $8 \times 10^4$  sec·W/m³,  $P \times W_0/Q$  being a product of a residence time  $\tau$  of the fluorocarbon gas in the reaction chamber and a power density Pi of power applied to create the plasma, the residence time  $\tau$  being given by  $P \times V/Q$ , where P is a pressure (unit: Pa) of the fluorocarbon gas, V is a volume (unit: Pa) of the reaction chamber and Q is a flow rate (unit:  $Pa \cdot L/sec$ ) of the fluorocarbon gas, the power density Pi being given by  $W_0/V$ , where  $W_0$  is a magnitude (unit: W) of the power and V is the volume (unit: V) of the reaction chamber.

5. The plasma processing method of Claim 4, wherein the fluorocarbon gas is a gas containing at least one of  $C_4F_8$ ,  $C_4F_6$ ,

 $C_3F_8$ ,  $C_5F_8$  and  $C_6F_6$  gases.

6. The plasma processing method of Claim 4, wherein the residence time  $\tau$  is controlled by a mass flow controller provided for the plasma processing system and/or a valve and a pump provided for the plasma processing system.

7. A plasma processing method comprising the steps of:
placing a substrate inside a reaction chamber of a plasma processing system;

introducing a fluorocarbon gas, which contains carbon and fluorine and in which a ratio of carbon to fluorine is 0.5 or more, into the reaction chamber; and

creating a plasma from the fluorocarbon gas and depositing an organic film on the substrate using the plasma,

wherein a residence time  $\tau$  of the fluorocarbon gas is controlled at 0.1 sec or less, the residence time  $\tau$  being given by P  $\times$  V/Q, where P is a pressure (unit: Pa) of the fluorocarbon gas, V is a volume (unit: L) of the reaction chamber and Q is a flow rate (unit: Pa·L/sec) of the fluorocarbon gas.

8. The plasma processing method of Claim 7, wherein the fluorocarbon gas is a gas containing at least one of  $C_4F_8$ ,  $C_4F_6$ ,  $C_3F_8$ ,  $C_5F_8$  and  $C_6F_6$  gases.

9. The plasma processing method of Claim 7, wherein the residence time  $\tau$  is controlled by a mass flow controller provided for the plasma processing system and/or a valve and a pump provided for the plasma processing system.

10. A plasma processing method comprising the steps of:
placing a substrate inside a reaction chamber of a plasma processing system;

introducing a fluorocarbon gas, which contains carbon and fluorine and in which a ratio of carbon to fluorine is 0.5 or more, into the reaction chamber; and

creating a plasma from the fluorocarbon gas and depositing an organic film on the substrate using the plasma,

wherein  $P \times W_0 / Q$  is controlled at  $0.8 \times 10^4$  sec·W/m³ or less,  $P \times W_0 / Q$  being a product of a residence time  $\tau$  of the fluorocarbon gas and a power density Pi of power applied to create the plasma, the residence time  $\tau$  being given by  $P \times V / Q$ , where P is a pressure (unit: Pa) of the fluorocarbon gas, V is a volume (unit: L) of the reaction chamber and Q is a flow rate (unit: Pa·L/sec) of the fluorocarbon gas, the power density Pi being given by  $W_0/V$ , where  $W_0$  is a magnitude (unit: W) of the power and V is the volume (unit: L) of the reaction chamber.

11. The plasma processing method of Claim 10, wherein

the fluorocarbon gas is a gas containing at least one of  $C_4F_8,$   $C_4F_6,$   $C_3F_8,$   $C_5F_8$  and  $C_6F_6$  gases.

the residence time  $\tau$  is controlled by a mass flow controller provided for the plasma processing system and/or a valve and a pump provided for the plasma processing system.

13. A plasma processing method comprising the steps of:

placing a substrate inside a reaction chamber of a plasma processing system, a silicon dioxide film having been formed on the surface of the substrate;

introducing a first fluorocarbon gas, which contains carbon and fluorine and in which a ratio of carbon to fluorine is 0.5 or more, into the reaction chamber;

creating a first plasma from the first fluorocarbon gas and etching the silicon dioxide film with the first plasma;

introducing a second fluorocarbon gas, which contains carbon and fluorine and in which a ratio of carbon to fluorine is 0.5 or more, into the reaction chamber; and

creating a second plasma from the second fluorocarbon gas and depositing an organic film on the etched silicon dioxide film using the second plasma,

wherein a first residence time  $\tau_1$  of the first fluorocarbon gas in the reaction chamber is controlled at a value

greater than 0.1 sec and equal to or less than 1 sec, the first residence time  $\mathcal{T}_1$  being given by  $P_1 \times V/Q_1$ , where  $P_1$  is a pressure (unit: Pa) of the first fluorocarbon gas, V is a volume (unit: L) of the reaction chamber and  $Q_1$  is a flow rate (unit: Pa·L/sec) of the first fluorocarbon gas, and

wherein a second residence time  $\tau$ , of the second fluorocarbon gas in the reaction chamber is controlled at 0.1 sec or less, the second residence time  $\tau$ , being given by  $P_2 \times V/Q_2$ , where  $P_2$  is a pressure (unit: Pa) of the second fluorocarbon gas, V is the volume (unit: L) of the reaction chamber and  $Q_2$  is a flow rate (unit: Pa·L/sec) of the second fluorocarbon gas.

14. The plasma processing method of Claim 13, wherein the first fluorocarbon gas is a gas containing at least one of  $C_4F_8$ ,  $C_4F_6$ ,  $C_3F_8$ ,  $C_5F_8$  and  $C_6F_6$  gases, and

wherein the second fluorocarbon gas is a gas containing at least one of  $C_4F_8$ ,  $C_5F_8$  and  $C_6F_6$  gases.

15. The plasma processing method of Claim 13, wherein each of the first and second residence times  $\tau_1$  and  $\tau_2$  is controlled by a mass flow controller provided for the plasma processing system and/or a valve and a pump provided for the plasma processing system.

16. A plasma processing method comprising the steps of:

placing a substrate inside a reaction chamber of a plasma processing system, a silicon dioxide film having been
formed on the surface of the substrate;

introducing a first fluorocarbon gas, which contains carbon and fluorine and in which a ratio of carbon to fluorine is 0.5 or more, into the reaction chamber;

creating a first plasma from the first fluorocarbon gas and etching the silicon dioxide film with the first plasma;

introducing a second fluorocarbon gas, which contains carbon and fluorine and in which a ratio of carbon to fluorine is 0.5 or more, into the reaction chamber; and

creating a second plasma from the second fluorocarbon gas and depositing an organic film on the etched silicon dioxide film using the second plasma,

wherein  $P_1 \times W_1 / Q_1$  is controlled at a value greater than  $0.8 \times 10^4$  sec· $W/m^3$ , and equal to or less than  $8 \times 10^4$  sec· $W/m^3$ ,  $P_1 \times W_1 / Q_1$  being a first product of a first residence time  $\tau_1$  of the first fluorocarbon gas in the reaction chamber and a power density  $Pi_1$  of first power applied to create the first plasma, the first residence time  $\tau_1$  being given by  $P_1 \times V / Q_1$ , where  $P_1$  is a pressure (unit: Pa) of the first fluorocarbon gas, V is a volume (unit: L) of the reaction chamber and  $Q_1$  is a flow rate (unit: Pa·L/sec) of the first fluorocarbon gas, the power density  $Pi_1$  being given by  $W_1/V$ , where  $W_1$  is a

magnitude (unit: W) of the first power and V is the volume (unit: L) of the reaction chamber, and

wherein  $P_2 \times W_2/Q_2$  is controlled at  $0.8 \times 10^4$  sec·W/m³ or less,  $P_2 \times W_2/Q_2$  being a second product of a second residence time  $\tau_2$  of the second fluorocarbon gas in the reaction chamber and a power density  $Pi_2$  of second power applied to create the second plasma, the second residence time  $\tau_2$  being given by  $P_2 \times V/Q_2$ , where  $P_2$  is a pressure (unit: Pa) of the second fluorocarbon gas, V is the volume (unit: L) of the reaction chamber and  $Q_2$  is a flow rate (unit: Pa·L/sec) of the second fluorocarbon gas, the power density  $Pi_2$  being given by  $W_2/V$ , where  $W_2$  is a magnitude (unit: W) of the second power and V is the volume (unit: L) of the reaction chamber.

17. The plasma processing method of Claim 16, wherein the first fluorocarbon gas is a gas containing at least one of  $C_4F_8$ ,  $C_4F_6$ ,  $C_3F_8$ ,  $C_5F_8$  and  $C_6F_6$  gases, and

wherein the second fluorocarbon gas is a gas containing at least one of  $C_4F_8$ ,  $C_5F_8$ , and  $C_6F_6$  gases.

18. The plasma processing method of Claim 16, wherein each of the first and second residence times  $\tau_1$  and  $\tau_2$  is controlled by a mass flow controller provided for the plasma processing system and/or a valve and a pump provided for the plasma processing system.